GAUTENG PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

HELEN JOSEPH HOSPITAL

TEL: (011) 489-0570 1 PERTH ROAD, AUCKLAND PARK, 2006 FAX: (011) 726-5425

INFORMATION LETTER TO EMPLOYER RE A PATIENT MEDICAL REPORT

PATIENT: Mr. Msingathi M. Mnyengeza

I.D. NUMBER: 650123-5720-084

OCCUPATION: Educator

DATE: Friday, 09 January 2025

Dear Mr. Mrali,

This is an update letter on **Mr. M.M. Mnyengeza ("the Patient" OR "Mr. Mnyengeza"),** who is our **Patient** and was originally released to **Home Self Isolation (Stage 2 of Hospitalisation)** on **Sunday, 09 March 2025.**

Mr. Mnyengeza was **due to return to Work** on **12 January 2026** for the **New School Year.**

We were contacted by the **NICD (National Institute for Communicable Diseases),** in **September 2025,** informing us of a **WHO (World Health Organisation) Research Study Report** on **Ebola and Mpox (Monkey Pox),** conducted **in each Disease's Three Epicentre Regions.** In September the **NICD was still expecting the Report from WHO Headquarters in Geneva.** They were just informing us to prepare us for its new findings on the Two Viral Diseases.

NICD received the **WHO Research Study Report** on **Tuesday, 06 January 2026.** The Title of the Research Study is, ***"EBOLA AND MPOX RECALIBRATION RESEARCH STUDY IN REGIONS THAT ARE EPICENTRES OF THE VIRUSES".***

The reason it is called a **"Recalibration" Study** is because – according to information we received from the NICD – ***WHO (World Health Organisation) Scientists have for a long time been very concerned about the Time Periods that are allocated to certain events related to Patients who have been infected by Ebola and Mpox,*** BUT **wanted a Scientific Study be the one that comes out with the conclusion as to whether the current Time Periods are appropriate or not.** ***["Time Periods" refer to, for example, the Number of Days/Months/Years that a Patient infected by one of the Two Viral Diseases is put in Self-Isolation OR allowed to return to NORMAL DAILY ACTIVITY (Employment, for example)]***

What I have done, because of **Time Constraints**, is to **start by reading sections of the Report relevant to the type of Patients we currently are looking after in our Hospital.** The **Report is Comprehensive** in the sense that it deals with the **type of Work (Employment) affected Patients do**, when it discusses the implementation of its findings.

OLD TIME PERIODS

For Patients involved in types of work where they have charges (e.g Learners) with whom they interact in close proximity indoors. The old guidelines were as follows:

1. **Self-Isolation After Intensive Treatment in Hospital PLUS Medication – Three (3) Months Self-Isolation and Medication**
2. **Detoxification Period – 3 Months**

[THIS IS A TOTAL OF SIX (6) MONTHS]

NEW TIME PERIODS (AS PER WHO STUDY REPORT)

For Patients involved in types of work where they have charges (e.g Learners) with whom they interact in close proximity indoors. The **NEW Guidelines** ARE NOW as follows:

1. **Self-Isolation After Intensive Treatment in Hospital PLUS Medication – One Year** Self-Isolation and **Nine Months** Just on Medication)
2. **Detoxification Period – 3 Months**

[THIS IS A TOTAL OF **TWO (2) YEARS**]

Also, what the **WHO Report** has changed relates to the **Age of Learners a Teacher MUST NOT Teach whilst still undergoing Treatment** for one of the two viral diseases.

Before, Educators were not allowed to teach Kindergarten and Primary School Learners.

Now, the **Who Report** states that infected Educators **MUST NOT** teach whilst still undergoing Treatment **at ALL LEVELS of Basic Education (meaning up to Matric Level – in South Africa).**

RE-ISSUE OF MEDICAL CERTIFICATE ISSUED WHEN PATIENT WAS ORIGINALLY SENT TO SELF-ISOLATION

NICD (National Institute for Communicable Diseases) contacted WHO to get **clarification on how as Medical Institutions we must deal with the" backdating" of the Original Medical Certificates that were issued when we originally sent patients on Self-Isolation.**

NICD says, WHO clarified the issue by saying Hospitals (for example), **must RE-ISSUE, BUT update the original Medical Certificates so that it complies with the NEW WHO Guidelines.**

This is VERY IMPORTANT TO UNDERSTAND: *We Are RE-ISSUING and UPDATING a Previously ISSUED Medical Certificate (which will show older Dates BUT with a LATEST Signature Date) in order for the Medical Certificate to Comply with the NEW World Health Organisation (WHO) Guidelines. At the* ***Bottom of the Certificate*** *we have added the following line:* ***"(Medical Certificate Re-Issued to Comply with WHO NEW Guidelines for MPOX Patients)"***

PAGES FROM THE WHO STUDY

I wanted to send you the Relevant Section from the Study Report, Mr. Mrali, BUT **NICD** were very concerned about that – **fearing that such information may land on hands of people who may misinterpret it because they are not Medical Researchers.** They sent me **two Pages** they said I can send to you. It's the **Cover of the Study** and the **Key Study Areas of the Report.**

Due to the WHO Study Report, ALL Current Patients of the Two Viral Diseases are going to go for NEW Tests at our Hospitals. Mr. Mnyengeza is due to undergo such test during the Week starting 12 January 2026.

(PLEASE NOTE: We currently don't have Ebola Patients in South Africa)

From our **Enquiries from the Department of Basic Education** we got **06 April 2027** as the **Start of the Second Term of the 2027 Academic Year** for **Educators.**

We are therefore revising the **Patient's Return to Work Date** to **06 April 2027.**

I would like again to stress that a patient in Home Isolation is still regarded as a patient that is still under Hospitalisation. Hence, we call it Stage 2 of Hospitalisation.

I request again, Mr. Mrali, that you forward the **Medical Certificate** and **this Letter** to **relevant officials** in your **Education District**, including Mr. Mnyengeza's **School Principal.**

For any information you may require from me, I request that I be contacted by **E-mail** at: **Matthew.M.Cutts@gmail.com.**

Helen Joseph Hospital
DATE: 6 JAN 2026

Kind regards,

Dr. Matthew M. Cutts

Responsible Doctor: Patient M.M. Mnyengeza

000OOO000

WHO (World Health Organisation) - **UK RI Medical Research Council**

EBOLA AND MPOX RECALIBRATION RESEARCH STUDY
IN
REGIONS THAT ARE EPICENTRES OF THE VIRUSES

STUDY LEADERS:

Professor Paul Newton - Centre for Tropical Medicine & Global Health, Oxford University

Professor Patrick Chinnery - Medical Research Council (MRC), UK Research and Innovation (UKRI)

PARTNERS:

Glaxo Smith Kline - UK Research Innovation - University of Oxford

World Health Organization

Medical Research Council

WHO (World Health Organisation) - **UK RI Medical Research Council**

EBOLA AND MPOX RECALIBRATION RESEARCH STUDY
IN
REGIONS THAT ARE EPICENTRES OF THE VIRUSES

KEY STUDY AREAS OF THE RESEARCH STUDY:

1. Avereage Self-Isolation Periods of Infected Individuals Before Return to Work/Normal Routine
2. Resurfacing of Infections in Areas/Institutions with previously infected individuals
3. Bio Statistical Analysis of Resurfusing of Infections Versus Periods of Self-Isolation
4. Epidemiological Results of Re-Testing of previously infected individuals
5. Bio Statistical Probabilistic Analysis of previously infected individuals re-infecting
6. Bio Statistical Analysis for required Optimal Self-Isolation Periods for prevention of re-infections

World Health Organisation (WHO), Avenue Appia 20, CH-1211 Geneva 27, Switzerland, +41 22 791 21 11